



*Andromeda Galaxy / NASA*

## Equality

Equality is fundamental.  
without Equality — there can be no Freedom  
without Freedom — Love is not possible  
without Love — Peace is unimaginable

Science tells us at the Heart of Matter,  
nearly equal Quarks share energy with One Another.  
Within every Cell,  
Organelles labor altruistically for the common good.

How we understand Equality  
mirrors the Story that we tell about Ourselves.  
Whether or not that Narrative is conducive to our Happiness.  
Even whether or not it accords with our Physical well-being.

The Self-as-Separate Narrative which informs our Culture  
informs a certain kind of Ego.  
Under that Narrative, Self-worth is derived from comparison / competition.  
Holding the meaning of Equality hostage.

The Self-as-Separate Narrative channels that Ego  
to think and feel Oneself as superior to Someone else.  
And so has our Minds' eye normalizing hierarchies.  
Men over Women. Whites over People of Color. Wealthy over All.

Equality enables us to make a place for inter-Subjectivity in our World,  
an in-between where we can appreciate each Other's Wonder, help bear Sorrow.  
Equality doesn't mean being without the Personal boundaries that define our Selves.  
Equality means Self-respect and Respect for Others.

Understandings sparked by the 18th century Enlightenment  
brought the recognition of Basic Human Rights, the Rule of Law, democracy.  
In the effort to realize the Horizon of Possibility that Equality implies  
we participate in Evolution.